**11. Do not commit Adultery**

* IN THE NAME OF THE FATHER...
* SONG OF THE HOLY SPIRIT (Medjugorje)
* **WE START THE 6th com**. The key to read all the other com. We are called to LOVE. We cannot live without! **The opposite? We DIE**! Accepting others, care, merciful: **to love=give life.** We have the experience of death, of killing others (indifference, anger, ignoring, offending, not forgiving ecc) and at the same time we desire to be loved, respected, appreciated...
* **WHY WE CANNOT LOVE?** HOW IS A PERSON WHO DOES NOT LOVE? CONCRETELY?
* **Is the furious** (**wrath**) free? Imagine if you are engaged with a furious person. Minefield…bombs.
* **The GREEDY**: how much money do you have? Living with a greedy. Anxiety
* **The envious**: always comparing, always challenging. He lives well if he is better than the others
* **The gluttonous:** wellbeing/sofa’, pleasure, focus/fixation only for the body, infantile/baby
* **The lustful:** for him you are only an instrument of his pleasure. Possession with seduction…
* **The prideful**: always the centre of the world. I have all the truth. Imagine being married/engaged/have a prideful friend…
* **The lazy** (the slothful): no commitment, no risk. Bored. Everything annoys him.
* **Is the sin beautiful?** Is the description of the failour.
* **Are they free?**  Do they have peace? How?
* **What can not do the furios?** He can not forgive
* **The greedy?** Can not give
* **The envious?** The others has no place close to him
* **The gluttonous?** Always busy with the wellbeing of someone else
* **The lustful?** He can not love no one
* **The prideful?** He can not do mistakes
* **The lazy?** He can not make sacrifice for no one
* In a word: no one can love. The sin is the contrary of love. Is free only he who can love, the only one who is free from him/herself.
* **JESUS in the baptism will give us new life.** He has won sin. He is the only one who can really love till the end.
* **WE CANNOT LOVE BECAUSE OF SIN: HAMARTHIA! =** **hit the target (cross-eyed)**
* **The main problem is to be FREE: free to Love! The opposite of SIN IS LOVE.**
* **HOW TO LOVE? We are not free, we do a lot of mistakes (trying to do good).**
* **DO NOT COMMIT ADULTERY: only for the couples? No!**
* **Our body: split in two. Flesh-soul.** The Church/faith/spiritual things. Sex and flesh is dirty. Free from flesh. Oriental religion.
* **The human being is an incarnated soul**. It means: **a soul who talk with a body and a body made alive by the soul**. Every human act is done with body and soul.
* **Every human act has one aim: love!** This act can be authentic and not authentic (in the truth)
* **The FORM** (the way one thing is done) says also the aim/goal of that thing. Chair. In what way is done our body? Male and female. Not only the genitals...every cell, it is genetic, there is a difference. Sexuality in itself holds all the potential to generate new life. (homosexuality??)
* **It is a vocation/call/ a challenge. We very complicated/our stories/the way we are made/think, react...OUR DIFFERENCE IS MADE FOR THE UNION!**
* The deepest encounter/the most important between a man and a woman it is the sexual act.
* Tecnically speaking there are different nomination for this act: Vulgar/rude. FUCK or in science: COITUS.
* TO MAKE LOVE: the authentic meaning of the sexuality is LOVE./ TO ENTER IN THE INTIMITY OF THE OTHER ONE.
* In love we can unite the souls uniting the bodies. **I give you all myself!**
* What happens if with my body I do something and in life (in reality) i show something else? **It is trauma!**
* The personal realization is not to make love but to live love. **Consacreted life shows this.** Only love gives us the true joy. The women understands it better...
* You say: so many difficulties. Who has explained to you how the sexuality works? Pornografi. Masturbation. Phisical pleasure. Sex addicted/perversity... You have to fight for the purity. For your happiness! The com. Says: do not commit adultery. Do not! **But what is evil?**
* LOVE ASKS TO BE FAITHFUL! I love you truly even when you don’t deserve it. The gift of my life is to love you forever (no conditions). A father and a mother are forever.
* You cannot give what is not yours. Till you are not the owner of your life (free from sin...on the way of healing from the vices) you are NOT READY TO GIVE YOUR SEXUALITY. Every sexual act would be a failour. NO SEX BEFOR MARRIAGE.
* It is a gift: can I take it again? It is not a gift. To how many people can we give the same gift? To only one (Maria from Spain). The virginity is a value also for man.
* I will stay with you till it is convenient. I put you to test! Like the car...we live together. THIS IS NOT LOVE OR IS LOVE THAT NEEDS TO BE PURIFIED.
* We are all called to give life/be fruitful. To be married.
* DIFFERENT IS THE WAY...OF REALIZING THIS CALL.
* MATTHEW 5,28: whoever looks with desire a woman, in his heart he has commited adultery. Also with your wife can happen this.
* **Do not commit adultery*!*** Identify your sin, start a journey of healing and be faithful to your call.